

# CENTRAL LEAGUE SWIMMING AND DIVING



## 2023 SILVER MEET - SWIMMING

SATURDAY, FEBRUARY 4, 2023

**RIDLEY HIGH SCHOOL**

ENTRIES: Due to Kevin Pierce (kevpierce@gmail.com) by **10:00 PM, January 28, 2023**  
\*TM Events File is available at <http://www.fordswimdive.com/clswimdive.htm>

## MEET SCHEDULE

SATURDAY, FEBRUARY 4, 2022	SATURDAY, FEBRUARY 4, 2022
<b>SESSION 1: GIRLS</b> 10:00 AM // Warm-Up <ul style="list-style-type: none"><li>• Warm-Up Assignments TBA</li></ul> <b>11:00 AM // Competition Start Time</b> <ul style="list-style-type: none"><li>• 200 Medley Relay, 200 Free, 200 IM, 50 Free</li><li>• Break / Awards<ul style="list-style-type: none"><li>○ 200 Medley Relay, 200 Free, 200 IM</li></ul></li><li>• 100 Butterfly, 200 Freestyle Relay</li><li>• Break / Awards<ul style="list-style-type: none"><li>○ 50 Free, 100 Fly, 200 Free Relay</li></ul></li><li>• 100 Free, 500 Free, 100 Back, 100 Breast</li><li>• Break / Awards<ul style="list-style-type: none"><li>○ 100 Free, 500 Free, 100 Back</li></ul></li><li>• 400 Freestyle Relay</li><li>• Awards<ul style="list-style-type: none"><li>○ 100 Breast, 400 Free Relay</li></ul></li></ul>	<b>SESSION 2: BOYS</b> 2:30 PM // Warm-Up <ul style="list-style-type: none"><li>• Warm-Up Assignments TBA</li></ul> <b>3:30 PM // Competition Start Time</b> <ul style="list-style-type: none"><li>• 200 Medley Relay, 200 Free, 200 IM, 50 Free</li><li>• Awards<ul style="list-style-type: none"><li>○ 200 Medley Relay, 200 Free, 200 IM</li></ul></li><li>• 100 Butterfly, 200 Freestyle Relay</li><li>• Awards<ul style="list-style-type: none"><li>○ 50 Free, 100 Fly, 200 Free Relay</li></ul></li><li>• 100 Free, 500 Free, 100 Back, 100 Breast</li><li>• Awards<ul style="list-style-type: none"><li>○ 100 Free, 500 Free, 100 Back</li></ul></li><li>• 400 Freestyle Relay</li><li>• Awards<ul style="list-style-type: none"><li>○ 100 Breast, 400 Freestyle Relay</li></ul></li></ul>

## ENTRY GUIDELINES

- All swimmers/divers can do a maximum of four (4) total events (including relays). Swimmers can do a maximum of two (2) individual events.
- If a swimmer has qualified for Central League Champs in an individual event, **they cannot swim at the Silver Meet**
- Swimmers cannot qualify for Central League Championships using a time from the Silver Meet.

The Central League will recognize the Top 8 finishers for each individual event during the Awards portions of the meet.